

FREEBIE CRYSTAL MANIFESTO

DISCOVER MUSTHAVE CRYSTAL KITS FOR
BEGINNERS & ADVANCED USERS



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ABOUT THE MAGICAL HEALER

Hey you! My name is Larissa den Enting. I am an Intuitive Life coach, Certified Reiki Practitioner, Herbalist apprentice, Certified in Past Life Regression and I use various Shamanic tools in daily life. All in addition to owning a online stores (Scarfz.nl), where I sell women's accessories, crystal jewellery and handmade dreamcatchers with crystals all over.

It's my aim to make all mindset work / shamanism / meditation completely mainstream through my work.

I believe that everything in life happens for a reason. Yes! Even the really ugly, dark things that happen.

- * Does that define you for the rest of your life?
- * Does it define how successful you can be? In life and in business?

ABSO – FUCKING – LUTELY NOT!

Having personally been through hell and back (depression, complex PTSD, anxiety attacks and fibromyalgia), I am living proof that you can turn any extremely bad situation into something good. That you can actually start to love life again. Enjoy life to the fullest. And create an amazingly successful business, despite whatever you have been through!

Currently I have one successful online store with which we earn multiple six figures, and sell our fashion accessories and gemstone dreamcatchers worldwide. I write, blog, teach, do interviews, and speak at live events. And I help highly ambitious people JUST LIKE YOU, change your mindset through various healing modalities and therefore change your life.

So are YOU ready to do this? Then let's get started on your journey and makes this happen!

XOXO
Larissa

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MUSTHAVE CRYSTAL KITS

The following are just suggestions. It's up to you to find what works for you. The meanings I've given below are pretty much agreed to by crystal experts from all over the world.

There's a clear division between stones that have a soft and gentle frequency (perfect for beginners) and those with a high frequency or that are more difficult to find (perfect for intermediate or advanced use). However, if you feel called to use a certain crystal while you've only just begun using stones, go for it. Same goes the other way around. If you're already quite advanced in using crystals in your daily life, but feel called to purchase a gentle crystal from the "beginners" section, also go for it. Your intuition always knows what is right for you!

BEGINNER VS ADVANCED

THE BEGINNERS KIT

Where to begin once you've set foot in this amazing community of crystal lovers, right?! There seems to be a gemstone for just about anything, so where do you start and what is the right one for you? There's black tourmaline stones for protection, rose quartz stones for self-love, and amethyst for improved intuition and psychic abilities. Then there's others that help you relax in stressful situations and even ones that can turn your whole life upside down.

This is why I recommend looking at a beginner's kit first. A collection of gentle and energetically soft crystals, that will not immediately kick you in the rear by changing just about anything in your life. And yes, these do exist (say hi to Moldavite and Agni Maniite) and are absolutely gorgeous to work with, but might require some more basic guidance for you first. Crystals for beginners are just different in a sense that these are pretty freaking amazing whilst being gentle. And any seasoned crystal lover still uses these gemstones too.

THE ADVANCED KIT

There's some very special crystals to be found in this world. Some are difficult to find, others are more expensive. But mostly? The energy of these crystals is intense, making it a more "advanced" crystal to work with. You know when the time is right for you to use these. Listen to your intuition and you will be called by these crystals.

The first high frequency crystal I purchased was a Moldavite. There are many "dark" stories about this crystal and people are actually scared of using it. I was too, but deep within I knew I had to get one. So I followed my intuition, went online and bought a piece of Moldavite. It was life changing! And it still is as I always wear a piece with me.

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THE BEGINNERS KIT



Clear quartz: Able to purify, amplify and program intentions. A universal healer, linked to all chakras.

Amethyst: Opens your intuition, Perfect for getting answers. Helps find inner peace and gives insight into what matters.

Rose quartz: Unconditional love, self-esteem and self-love. Brings loving & calm feeling to rooms by activating heart chakra.

Smoky quartz: Strong grounding energy, connected to base chakra. Brings willpower and helps burst through old beliefs.



Obsidian: Truth bringer, can be confronting! Shows old beliefs that aren't for your highest good. Milder varieties are Apache tear, Mahogany, Rainbow & Snowflake Obsidian.

Moonstone: Strongly connected with the moon and intuition. Good for inner peace and stabilising emotions.

Amber: A sunny stone! Brings forth unconditional love, peace, warmth and happiness. Absorbs (teething) pain and negativity.



Aventurine: Universal healer that helps bring prosperity, balance and well-being. Gorgeously calming energy.

Selenite: High vibration and cleanser of energy blocks, Ideal for connecting with guides or angels. Perfect for activation and reaching higher planes.

Shungite: Healing stone from Karelia, Russia. Used to help protect from EMFs such as 5G, Makes healing water for skin conditions. Use Elite Shungite (silver color) for the most powers.



Fluorite: Helps with mental clarity by aligning left and right side of the brain (masculine and feminine energy). Cleansing and purifying, good to have next to a computer for clear energies.

Citrine: Warming and vitalising crystal. Business success, prosperity and cleansing. Connected to solar plexus chakra.

Labradorite: Imagination, creativity, prosperity. Also good for aura protection, so perfect for empaths and highly sensitives.

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THE ADVANCED KIT



Moldavite: Off planet stone, high frequency, ET connections, helps with life purpose. Will bring anything of lower vibrations to surface, for you to transmute into higher vibrations. Super powerful!

Phenacite: Ascension stone, third eye/crown; inner knowing

Azeztulite: Gift from beings who call themselves Azez - off planet energy. They say they will make all quartz on the planet azeztulite.

Tourmaline: Powerful off planet stone! Black Tourmaline repels negative energies. Pink one is for sympathy towards others. Blue one helps with honest communication. And purple is for serenity.

Kunzite: High frequency stone to open up Heart chakra and create a connection with higher realms. Useful for working through childhood & past life experience. Unblock memories, release fears.

Lapiz lazuli: Power stone, can be used to access subconscious blocks and clear it. Also affects Throat chakra. Strengthens mental and psychic abilities, protection and helps speaking your truth.

Kyanite: Slice through issues and delusions for healing. Surrounds the aura with an protective energy shield. Hold it as a comb & sweep through your energetic field to remove energetic debris.

Lemurian Quartz: Wands only and specific tools for energy workers, healers and lightworkers. Is said to contain lost information from Lemuria.

Danburite: Sometimes called the Shaman Stone, self-acceptance, healing on all levels.

Tibetan blue quartz: Clear and expand the aura. Raises your vibration so the physical body can attune to its light body. Is said to vibrationally give out the Aum sound when placed on third eye.

Tektite: Off-planet, strong energy. Strengthen aura, raise vibrations and clear energy blocks within lower Chakras. Increase psychic senses, astral travel & lucid dreaming. Also helps thin the veil.

Agni Manite: Indonesian tektite also called Pearl of Fire. Helps realign chakras and is known to induce Kundalini awakening.



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WAIT UP, YOU AMAZING BADASS!

Tell me: did you like this freebie about musthave crystal kits? And do you now you feel ready to dive into the amazing world of healing gemstones?

But then what?! Where to begin? How to use your pretty stones? How to cleanse them and program them? What about chakras and crystals? And "Crystal grids", you may ask-yourself... " What's that?!"



Let me introduce you to....

THE MAGICAL CRYSTAL MANIFESTO

It's the ultimate guide to using gemstones and minerals. The handbook with which you can immediately get started using healing crystals. Because whether you want to know how to cleanse gemstones, how to activate gemstones or use them in your own healing work, nothing beats having one clear guide in which everything is explained. That's the Magical Crystal Manifesto! The 45-page gemstone manual, packed with tips and tricks!

Want it? [Get yours now for only € 11.00 through my online store Scarfz.nl!](https://www.scarfz.nl/)

With love,
Larissa